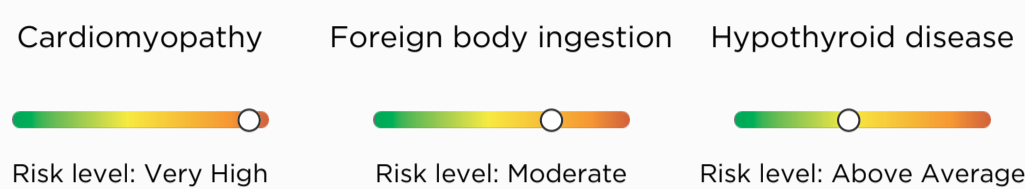


# Nationwide Pet Health Report: Doberman Pinscher



As a young adult Doberman Pinscher, Your Pet is at risk for these common health conditions:



Health report for:  
Your Pet, a Young Adult 1 year to 4 years Doberman Pinscher  
Prepared by:  
Nationwide® pet insurance

## Very High risk: Cardiomyopathy Disease of the heart muscle

### Watch Your Pet for:

Cardiomyopathy, disease of the heart muscle, can cause a variety of symptoms in pets. Signs may include:

- Coughing, especially a persistent cough
- Difficulty breathing, including rapid or labored breathing
- Tires easily during physical activity or seems lethargic
- Weakness, collapse, or fainting
- Loss of appetite or decreased food intake
- Unexplained weight loss
- Swollen or distended abdomen
- Restlessness, pacing, or discomfort
- Blue-tinged gums or tongue (indicating poor oxygenation in severe cases)

Other health conditions may share similar symptoms with cardiomyopathy, including heartworm disease, pulmonary disease, or other forms of heart disease.

If you notice any of these signs or if you have concerns about your pet's health, consult with your veterinarian. Seek immediate veterinary attention if you suspect your pet is having trouble breathing, has blue gums/tongue, or collapses. Early detection and intervention can improve the chances of successful management and prevent complications.

### Help Your Pet by:

While it may not be possible to prevent all cases of cardiomyopathy, here are some things you can do at home to manage and prevent complications from cardiomyopathy:

- **Maintain a balanced diet:** Specific diets may be recommended to help manage heart health risks, so talk to your vet about your pet's particular health needs to ensure they are getting well-balanced nutrition.
- **Weight management:** Obesity has been linked to an increased risk of cardiac diseases in pets, so maintaining a healthy weight is important. Provide regular exercise but avoid intense or strenuous activities.
- **Early detection and intervention:** Be vigilant in observing any changes in your pet's breathing, behavior, appetite, or overall health. In addition to routine veterinary checkups, seek veterinary attention promptly for evaluation and potential early intervention if you notice any concerning signs or symptoms.

Consult with your veterinarian for personalized advice and guidance on managing and preventing complications from cardiomyopathy in your pet. They can provide tailored recommendations based on your pet's specific needs and medical history.

Please note that the information provided here is not a substitute for professional veterinary advice. If you suspect your pet has cardiomyopathy or any other health concerns, consult your veterinarian for proper diagnosis and treatment.

**Protect Your Pet with:** Nationwide pet insurance. The #1 choice of Doberman Pinscher owners.

You save:  
**\$704**



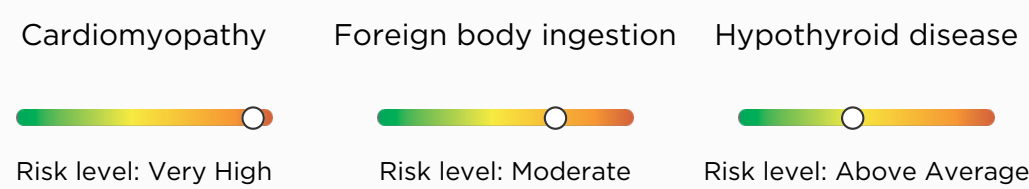
You pay:  
**\$78**

Example reflects Accident & Illness plan with optional Congenital & Hereditary rider as well as the optional Cruciate rider added after the first year of coverage, with unlimited annual limit for each category with 90% reimbursement after the \$250 annual deductible has been met. This plan may not be available in all areas. Pre-existing conditions are not covered. Veterinary bill amount is based on expenses incurred in the first 30 days after initial diagnosis.

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**Moderate risk: Foreign body ingestion** A non-food object is swallowed

**Watch Your Pet for:**

Foreign body ingestion occurs when pets swallow objects that are not meant to be eaten. This can be a serious situation that requires immediate attention. Consult with a veterinarian if you see your pet ingest something they should not. Signs may include:

- Persistent vomiting: If your pet is vomiting repeatedly or has difficulty keeping food or water down, it could be a sign of a foreign body blocking the bowel
- Loss of appetite or refusing to eat
- Abdominal pain or discomfort, such as restlessness, pacing, whining, hunched posture, or sensitivity when the abdomen is touched
- Lethargy or decreased activity level
- Changes in bowel movements, including loose stools or diarrhea, constipation, or straining to defecate
- Pawing at the mouth or throat, indicating discomfort or an attempt to dislodge the foreign object
- Persistent coughing, gagging, or retching can suggest the presence of a foreign body in the airway

Foreign body ingestion can lead to related health conditions such as intestinal blockage, damage to the gastrointestinal tract, or abdominal cavity infection.

If you suspect your pet has ingested a foreign object or you notice any of these signs, it's crucial to seek veterinary care. Early detection and intervention can improve the chances of successful management, make your pet feel better, and prevent complications.

**Help Your Pet by:**

Here are some things you can do at home to help prevent foreign body ingestion in your pet:

- **Supervise your pet:** Keep a close eye on your pet, especially when they are playing with toys or chewing on objects.
- **Select proper toys:** Choose toys that are specifically designed for pets and are made of durable materials. Avoid toys with small parts, strings, or stuffing that can be easily torn apart and ingested.
- **Secure garbage and household items:** Ensure that garbage bins are securely closed and not easily accessible to your pet. Keep household items, such as rubber bands, hair ties, and small objects, out of reach.
- **Be cautious with food and treats:** Carefully prevent access to corn cobs, which are often ingested and typically require surgery to remove. Be cautious with food wrappers, plastic bags, and other packaging materials that may be attractive to pets but pose a risk if swallowed.
- **Training and behavior management:** Train your pet to obey basic commands, such as "leave it" or "drop it," to prevent them from ingesting inappropriate objects.

Please note that the information provided here is not a substitute for professional veterinary advice. If you suspect your pet has ingested a foreign object, contact your veterinarian immediately for guidance and follow their recommendations for appropriate care.

**Protect Your Pet with:** Nationwide pet insurance. The #1 choice of Doberman Pinscher owners.



You pay: **\$242**

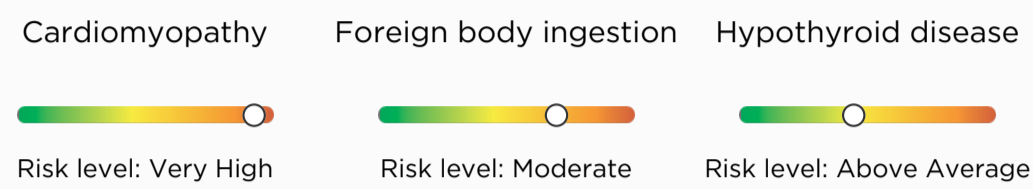
Example reflects Accident & Illness plan with optional Congenital & Hereditary rider as well as the optional Cruciate rider added after the first year of coverage, with unlimited annual limit for each category with 90% reimbursement after the \$250 annual deductible has been met. This plan may not be available in all areas. Pre-existing conditions are not covered. Veterinary bill amount is based on expenses incurred in the first 30 days after initial diagnosis.



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Prepared by:  
Nationwide® pet insurance

## **Above Average risk: Hypothyroid disease** Low thyroid hormone production

### Watch Your Pet for:

Hypothyroid disease, characterized by low thyroid hormone production, can cause a variety of symptoms in pets. Signs may include:

- Weight gain or difficulty losing weight
- Lethargy, reduced activity levels, or sluggishness
- Changes in coat quality, such as dryness, hair loss, thinning, or excessive shedding
- Skin problems, including dry, itchy skin, flaky patches, or recurrent skin infections
- Muscle weakness or gait abnormalities
- Changes in behavior or mood, such as mental dullness
- Loss of appetite or decreased food intake
- Intolerance to cold temperatures

Other health conditions may share similar symptoms with hypothyroid disease, including [Cushings Disease](#), other endocrine disorders, or [Skin Allergies](#).

If you notice any of these signs or have concerns about your pet's health, consult with your veterinarian.

### Help Your Pet by:

In most cases, it's not possible to prevent hypothyroid disease. These are measures to promote a healthy lifestyle which can help manage the condition:

- **Provide a balanced diet:** Feed your pet a nutritionally balanced diet that meets their specific needs and supports overall health.
- **Maintain a healthy weight:** Provide a balanced diet and regular exercise to help your pet maintain a healthy weight.
- Ensure regular exercise and mental stimulation to maintain a healthy weight and overall well-being.

Consult with your veterinarian for personalized advice and guidance on managing hypothyroid disease in your pet.

Please note that the information provided here is not a substitute for professional veterinary advice. If you suspect your pet has hypothyroid disease or any other health concerns, consult your veterinarian for proper diagnosis and treatment.

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You save:  
**\$260**



Vet bill: \$289

You pay:  
**\$29**

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**Best. Doberman Pinscher insurance. Ever.**

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